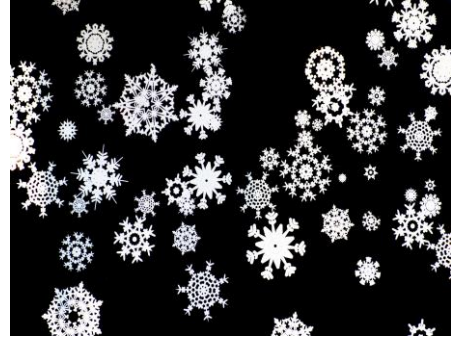


Tec. South P.S.



January 2020
Newsletter



From the Desk of Ms. Jacklin

Happy New Year! Welcome back to Tec South and to what promises to be the continuation of a great school year filled with positive learning opportunities for all students.

Every January, many of us make New Year's Resolutions. Resolutions offer opportunities for improvement in whatever areas of life that we choose. We at Tec South are no exception. Please join us as partners working together toward achievement for all students in a safe, healthy and happy learning environment!

You can do this by...

- Ensuring that your child arrives to school on time every day and prepared to learn (well rested, homework completed, nutritious lunch and snacks and appropriate clothing and outerwear).
- Making sure that you check your child's agenda or class social media feed every day for homework and communication.
- Familiarizing yourself with the events at the school as outlined in our newsletters and on social media.
- Following all of our safety procedures with your child as outlined in previous newsletters or on our website.

Together we can make a difference in the success of all of our students!

Stephanie Jacklin
Principal

Kindergarten registration opens this month

Do you (or someone you know) have a child who is turning four in 2020? If so, it's almost time to register them for Kindergarten in the SCDSB! Beginning Jan. 27, 2020, Simcoe County's public schools will register children for Kindergarten for the 2020-21 school year. Parents/guardians can begin the Kindergarten registration process on the SCDSB website any time after January 1 - just visit www.scdsb.on.ca and select 'Community Apps'. Visit www.scdsb.on.ca/elementary/planning_for_school/kindergarten for more information.

High school information nights coming to a school near you!

Is your child starting Grade 9 next year? High school information nights happen this fall and winter. This event provides an overview of what's new, what to expect, as well as a chance to check out the school and ask questions. Attend our local high school information night to find out what's offered: *Banting Memorial High school, 203 Victoria Street East, Alliston, ON L9R 1G5, on Wednesday, January 8th from 7:00 to 8:30 PM.* Check out the full schedule of info nights and more information at www.scdsb.on.ca/secondary/planning_for_high_school.

Keeping SCDSB school communities informed on labour updates

In August 2019, provincial and local contracts for all education workers in the province of Ontario expired. In the Simcoe County District School Board (SCDSB), this means that all our unionized groups are at different stages of contract negotiations at the provincial and local level. The SCDSB will continue to monitor the situation and provide updates on the status of negotiations and our schools whenever possible.

Labour updates are issued on the SCDSB website (www.scdsb.on.ca/about/labour_updates), Facebook (www.facebook.com/SCDSB), Twitter (@SCDSB_Schools) and on the labour updates information line at 1-877-728-1187.

Days of awareness and recognition taking place in January

Throughout the year, there are many awareness days that focus on different causes and recognition. The Simcoe County District School Board has developed a list of these days as a guide for schools. Schools may participate in recognizing some or all of these days in various ways. This list is not exhaustive. Following are the days of awareness and recognition that the SCDSB will recognize during the month of January:

Jan. 27	Family Literacy Day
Jan. 27	International Holocaust Remembrance Day
Jan. 29	Bell Let's Talk Day

Host families needed for international students

Our partner in providing homestay to the SCDSB's international students, Canada Homestay Network (CHN), is recruiting host families to welcome international students into their homes.

Host families help international students realize lifelong dreams, and benefit from a unique experience with another culture. As a host, you also receive an allowance to offset expenses.

[Learn about a current homestay family here](#) or get more details about the program on [the Canada Homestay Network website](#).

Bus cancellation information reminder

All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium (SCSTC)'s bus information website at www.simcoecountyschoolbus.ca. Our school is in the **SOUTH** zone. When buses are cancelled, schools remain open for student learning, unless otherwise noted.

The SCSTC and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter [@SCSTC_SchoolBus](#) for bus cancellations and other information. You can also subscribe to receive bus delay notifications here: <https://scstc.ca/Subscriptions>.

For school event cancellations in case of inclement weather, follow our school's Twitter account at @TecSouthPS or listen to your local radio station for event cancellation information.

Reminder about sledding safety at school

Student safety is our first priority, and although we do allow 'crazy carpets' and soft sleds at our school, we do not allow hard sleds, two-person sleds or snow racers. We do supervise sledding and remind students of safety rules on a regular basis.

We want to inform parents that if students are sledding at school, Ophea (the Ontario Physical and Health Education Association) recommends they wear a properly fitted (as per manufacturer's guidelines) and properly worn CSA-approved hockey helmet or snow sport helmet certified by a recognized safety standards association.

If you send a sled and helmet (optional) to school with your child, you are giving permission for your child to take part in this activity.

Is homework stressing you out?

Throughout the year, your child may have homework or need to spend time studying at home. You can help make homework time less stressful. First, let your child relax with a healthy snack when they get home from school. Ask if they have homework, what kind and how long they think it will take to finish. It's a good idea to set a regular time each day and decide on a specific place to do homework. Your child might need help for a couple minutes to get started.

Looking for more parenting support? Speak with a public health nurse by calling 705-721-7520 or 1-877-721-7520 or visit the health unit website at www.simcoemuskokahealth.org.

Questions about your child's health?

Health Connection offers free, confidential health information from nurses and health inspectors on:

- How your child is growing, parenting tips, fast and healthy meals, safe food and water, common illnesses, keeping kids safe, fun family activities
- Health unit programs such as vaccinations and dental care
- Community resources for parenting, mental health, addictions, quitting smoking or financial help

Contact Health Connection at 1-705-721-7520 or 1-877-721-7520 Monday to Friday, 8:30 a.m. to 4:30 p.m., or www.simcoemuskokahealth.org. If English is not your first language, we have a telephone interpretation service.

Canadian Blood Services needs your help!

During the winter months, hectic schedules and snowy weather often result in a decrease in the number of blood donations. Canadian Blood Services (and all those in need of donations) want to remind you to be part of Canada's lifeline this holiday season and give the gift of life. You can book online at www.blood.ca. Look for a clinic in your area!

Information provided by Canadian Blood Services

New year, new goals for the entire family!

The beginning of a new year is the perfect time to start thinking about setting new goals. Bringing the whole family together for a new year goal-setting session not only provides an opportunity to discuss the importance of exercise and a healthy diet with your children – it also gives you the chance to brainstorm on working towards a shared goal.

Getting kids active should be a priority for all Canadians. According to [ParticipACTION's 2018 Report Card](#), only 35 per cent of Canadian children and youth aged five to 17 reach the recommended 60 minutes of physical activity each day. The report also shows that 51 per cent of young Canadians are engaging in significantly more screen time than they should be, sometimes up to four-six hours per day! Here are some small steps to set your family up for success in the new year:

Play together. Spend time outside playing together as often as possible, regardless of the weather. Go skating, skiing, build a snow fort or go tobogganing – fun for the whole family!

Join a family-friendly gym. Find a place that provides opportunities for the entire family to be physically active together or offers childcare and after-school programs.

Pencil it in. Add physical activity or play time to the calendar, with the same commitment as other important meetings. Schedule an evening family walk or a fitness class – seeing it on the calendar will help motivate your family to stay on track.

Set goals. Pick a charity run or walk that your family will support, like [YMCA Move to Give](#). Sign up, train as a family and participate in it together. It's a great way to exercise together and give back to your community!

Getting healthy has never been easier!

The YMCA offers a variety of family programs – from open gym and swim to children and youth programming, adult fitness classes and childminding. It's a place where families can have fun and get active together. For more information about YMCA programs, please visit www.ymcaofsimcoemuskoka.ca.

January 2020

			1	2	3	4
5	6 Welcome Back	7	8 <i>Banting Information Night at Banting 7:00 – 8:30</i>	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23 <i>McLaren Art for Gr. 1 and Gr. 2/3</i>	24 P.A. Day No school for students	25
26	27	28	29	30	31	