



Tecumseth South Central Public School

Newsletter April 2019

Dear Families,

I am so proud to share all of the wonderful things that go on here at Tec. South. A dedicated team of educators provide a wide variety of both academic and extracurricular supports and opportunities for our students. Our school council supports our fundraising initiatives, and provides invaluable support for the purchase of school resources through fundraising.

This year, we received a grant from CRIC to purchase a scoreboard for our gym and funds to repair our track and jumping pits. We were adopted by Chapters and will have ongoing additions to our library collection. Finally, your fundraising support is allowing us to purchase approximately 15 new chromebooks and a new sound/video system for our gym.

On June 5th, we are scheduled to host our Area Track and Field meet which will be a wonderful event where other schools can visit *our little school on the hill*.

Upcoming events in April include trips to Jack and The Beanstalk, a Toronto Marlies Game, Volleyball, Basketball, Heritage Fair, and ongoing practices for Oliver Twist. On April 30th there will be a dress rehearsal for the school and evening show dates are May 1st and 2nd. More information about our show will be communicated via our website and letters home.

As always, should you have any questions or concerns, please contact the office.

Sincerely,

M. Bongard



Tec. South supports

World Down Syndrome Awareness Day-
#lotsofsocks

The idea was created because chromosomes **are** shaped "like **socks**" and people with Down's Syndrome have an extra chromosome. People all over the world **wear** colourful, attractive, wacky socks on **WDSO**.

Register now for summer child care

The Simcoe County District School Board (SCDSB) works in partnership with child care operators to provide summer child care programs for children from Junior Kindergarten age to 12 years of age in select schools across Simcoe County. More information can be found on our website at www.scdsb.on.ca – click on ‘Elementary’ then ‘Planning for School’ then ‘Childcare (Before & After)’. Please contact the child care operator directly for inquiries and registration. School locations of programs will be available in May.

School’s in for summer at the SCDSB

Are you and your child planning their courses for next school year? Looking for a way to create flexibility in their timetable and earn a credit? Consider summer school – registration is open! Each year, the SCDSB offers a variety of summer programs to over 2,000 students. Summer school options include open, college and university level courses from Grades 9 to 12. Courses are offered in-person or online. Interested students can also travel and earn credits with the summer EduTravel program.

Summer school program details can be found on the Learning Centres website at www.learningcentres.com. Current SCDSB students should speak to their guidance counsellor for information and to register.

Parents invited to information session about special education

The SCDSB is hosting a series of information sessions for parents and guardians to learn about special education in the SCDSB, and how to support students with special education needs. The next session is:

Applied Behaviour Analysis (ABA): What is it?
Thursday, April 25 from 7 to 8:30 p.m.
SCDSB Education Centre, 1170 Hwy. 26 West in Midhurst

For those who can’t attend in person, the session is also offered online through Google Meet. Registration is required. Details are available at www.scdsb.on.ca/elementary/special_education.

Community conversations: Building resilient families and communities – free session for all parents, guardians and caregivers

Parents/guardians and caregivers of elementary and secondary students are invited to join us for a free information session presented by the Simcoe County District School Board’s (SCDSB) Parent Involvement Committee. During this session we will discuss the specific attitudes, strategies and factors that promote resilience in our children, youth, families and larger community. Community partners will also be on site to answer your questions. The sessions will be offered at the following locations:

- Orillia Secondary School, Tuesday, April 23 at 7 p.m.
- Bradford District High School, Tuesday, April 30 at 7 p.m.

For more information and to register to attend, please visit www.scdsb.on.ca.

Helping students stay safe online

The Internet is a wonderful research, homework and communication tool for children. It can also present a host of risks. When you talk to your children about online safety, you help prepare them for the dangers they might encounter online. Here are some cyber-safety tips that can help to ensure a positive online experience for your children:

- put the family computer in a visible space in the home
- inform your children about the dangers of sharing personal information online
- install software that limits the websites your children can visit
- set a clear limit on daily Internet time
- keep devices, like smartphones and tablets, out of bedrooms

School bus evacuation training takes place April 1 to 5

The Simcoe County Student Transportation Consortium (SCSTC), in partnership with school bus operators, is offering school bus evacuation training to all home-to-school transported students the week of April 1 to 5. During this week, school bus drivers will educate students on how to evacuate a school bus safely in an emergency. The SCSTC would like to remind all drivers to be extra cautious near school buses and in school bus loading and unloading zones. For more information or if you have questions, visit main.simcoecountyschoolbus.ca/.

International Day of Pink

The International Day of Pink is Wednesday, April 10. This day celebrates diversity and promotes standing up to bullying. It is a day of action that started in Nova Scotia when two straight high school students saw that a gay student wearing a pink shirt was bullied. The two students intervened, but wanted to do more. They purchased pink shirts and within a few days got everyone at school wearing pink, standing in solidarity for diversity and standing up against discrimination, gender-based bullying and homophobia. Our school will be recognizing Day of Pink by asking all students to wear pink on April 10th.

Identifying school-sponsored trips

All field trip information will be sent home on school and/or SCDSB letterhead. This is the best way for parents/guardians to identify supervised and approved trips. There may have been times when community or external groups organized trips that have been mistaken for school-sponsored field trips. Parents would be notified of individual circumstances if the school is aware that an external trip is being planned. When in doubt about any trip, ask questions of the organizers, including "Who is sponsoring or in charge of this trip?", "Who will be supervising?" and "What are their qualifications?" You can also contact the school if you have any questions about a trip you see advertised that you think may not be school-sanctioned.

Please turn off your car while you wait

Parents and guardians are reminded to please turn your engine off when dropping off or picking up your child(ren) from school. Idling cars release exhaust that is harmful to the environment, our health and the health of our students. It's good to get into the habit of turning your car off any time you're stopped and in park for more than 60 seconds. Thank you for doing your part to keep our kids and our environment healthy! For more information to keep you and your family healthy, visit www.simcoemuskokahealth.org or call Health Connection at 705-721-7520 or 1-877-721-7520.

Information provided by the Simcoe Muskoka District Health Unit

Entering Grade 9 next year? Get a step ahead with summer school!

Attention graduating Grade 8 students! Did you know you can earn a high school credit before you start Grade 9? Students entering Grade 9 are eligible to reach ahead and take Civics and Career Studies online during the month of July. Simply download and complete the Summer School registration form from www.thelearningcentres.com, have your principal sign the front and drop it off at your local Learning Centre. Grade 8 grads are also eligible to reach ahead and take part in Civics and Careers or Canadian Geography EduTravel courses. Registration information for these programs can also be found on The Learning Centres website.

Stress: Our kids get it too!

Kids have stress, just like us. Stress is a normal part of life, but our bodies are only made to handle it for short amounts of time. Continued stress can cause feelings of pressure, anxiety and tiredness. It can make it hard for kids to focus in school, and can cause them to become sick, get lower grades or make unhealthy choices. It's easy to mistake signs of stress for bad behaviour. You can help your kids learn to manage stress by staying calm, showing love and talking openly about their feelings. Encourage them to try calming activities like deep breathing or doing something active. If the stress continues, be sure talk to your family doctor or health care provider. To speak with a public health nurse, contact Health

Connection at 705-721-7520 or 1-877-721-7520, or for more information, visit the health unit website at www.simcoemuskokahealth.org.

Information provided by the Simcoe Muskoka District Health Unit

YMCA Healthy Kids Day taking place on April 29

YMCAs across Canada are celebrating Healthy Kids Day on Sunday, April 28. It's a national day dedicated to improving the health and well-being of kids. In the spirit of this exciting day, the YMCA of Simcoe/Muskoka shared these tips to help your family get active, eat more nutritiously and build stronger bonds:

- Aim for 60 minutes of moderate, fun, physical activity every day (it can be spread out into periods of 10-15 minutes each). Make sure to include outdoor activities whenever possible. Participate with your kids in regular physical activities. When you're active with your kids, it sends them an important message about healthy living!
- Serve fruits and vegetables at every snack and meal, and make water the primary drink option. Eat at least one meal per day as a family, and involve kids in healthy snack and meal preparation.
- Limit screen time to less than two hours per day and aim to have screens off during meals together. Encourage outdoor play as much as possible and keep TVs and computers out of your child's bedroom.

Join the YMCA of Simcoe/Muskoka on Healthy Kids Day and learn about healthy habits, connect with other parents and get the whole family active together under one roof. For more information, please visit: www.ymcaofsimcoemuskoka.ca.

Information provided by the YMCA of Simcoe/Muskoka

April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Pizza	2 Autism Awareness Day Oliver Twist after school	3 Oliver Twist after school Subs	4 Junior/Intermediate Toronto Marlies Trip	5	6
7	8 Pizza	9 Oliver Twist after school	10 International Day of Pink to support anti-bullying Oliver Twist after school Subs	11	12 Grade 5 and 6 to Springwater Park Parent's night Out (tentative)	13
14	15 FDK-Grade 4 to Jack and the 'BeanStock' Coding/Robotics Pizza	16 Oliver Twist after school JR Basketball Tournaments	17 Grade 3/4/5 Tiffin in school Oliver Twist after school Subs Hewitts orders pick up tonight	18	19 Good Friday- No school	20
21	22 Easter Monday No school Earth Day	23	24 Subs Heritage Fair	25	26 Assembly 9:30 Tropical spirit day- dress tropical! Co-Ed Volleyball tournament after school	27
28	29 Pizza	30 Oliver Twist Dress Rehearsal in the afternoon	WORLD AUTISM AWARENESS DAY Tuesday April 2, 2019 marks the 12 th annual World Autism Awareness Day. Autism Awareness Day originated in 2008 as a result of a resolution passed by the United Nations (UN) to bring awareness and reduce the negative stigma associated with autism and highlights the incredible work that has already been done and still needs to be done to ensure people living with autism are provided with opportunities to lead successful and meaningful lives.			

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